



USATF Southwestern Association LDR

Chair: Barrett Hopper

Vision: *To be the premier provider in the pursuit of excellence to athletes with a focus in long distance running (LDR) within the Southwestern Association boundaries.*

Please visit <http://www.usatf.org/groups/RoadRunning/> to learn more about USATF LDR programs.

2007 Completed Initiatives:

- Partnered with race directors throughout the association to develop 7 race Grand Prix LDR series included \$5,000 prize purse State 10K Championships in Fort Worth and \$5,000 Toyota Tour Les Fleur 10K in Dallas on September 22nd.
- Posted links to local race results on association web site
- Increased LDR membership in 2007 (numbers not available at press time)
- Awarded \$1900 Association grant to promote Grand Prix Series
- Established eight member LDR Committee
- Hosted Association and Regional Junior Olympic Cross country championships in 2006
- Established \$2,150 prize purse for seven race Grand Prix
- Participated in DISD Marathon Kids program

2007 Grand Prix Series Events:

Feb: The Texas Half (Association championship)* 2/10/2007

April : Be A Champion 5K Rockwall, Tx 4/28/07

May: Mayfest 10K Championship- Fort Worth (State Championships) 5/5/2007
(\$5,000 purse)

Sept. Freedom Run 5K Dallas 9/11/2007

Sept. Tour Les Fleur 10K 9/22/200 (\$5,000 purse)

Nov. 5K Cross Country (Series points and Association Championships)*11/3/2007

Dec. White Rock Marathon (Association Championship:Double points)*12/9/2007

2007 Southwestern Association race series standings

After 3 events

Overall Male Open

Name	Age	Points
<i>Clint Bell</i>	27	90
<i>Rob Morrow</i>	24	60
Joe Beisner	34	50
Shawn Gardner	39	40
Craig Ottman	24	30
Diego Osorio	29	20
Dave Ray	39	10

Overall Female Open

Name	Age	Points
<i>Natalie Cook</i>	27	80
<i>Melisa Christian</i>	30	70
<i>Megan Skeels</i>	33	60
Meagan Newsome	24	50
Rebecca Angeles	30	40
Ashlee Inman	28	30
Patricia Vargus	30	20
Cora Turner	37	20
Kristin Carson	26	10

Overall Male Masters

Name	Age	Points
<i>Ken Hall</i>	43	30
<i>Doug Law</i>	44	20
<i>William Moore</i>	45	10

Overall Female Masters

Name	Age	Points
<i>Yolanda Hopping</i>	44	30
<i>Julie Brauer</i>	44	20
<i>Meda Bourland</i>	45	10

Overall Female Seniors

Name	Age	Points
<i>Laura Russo</i>	50	10

2008 Goals:

- Increase LDR Membership by 200
- Increase participation in Race Series
- Increase number of youth participating in Cross Country program
- Increase prize money in race Series
- Sponsor association athlete in LDR Development program
- Add sponsor for LDR Programs