



2008 USATF
 Southwestern Association
 Junior Olympic Cross Country
 Championships
 Sunday, November 9, 2008
 Harry Myers Park, Rockwall, TX



SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Time
Pre-Bantam (born 2000 and later)	2 km (1.24 miles)	All 10:00 am
Bantam (born 1998 - 1999)	3 km (1.86 miles)	Boys: 9:30 am Girls: 9:30 am
Midget (born 1996 - 1997)	3 km (1.86 miles)	Boys: 9:00 am Girls: 9:00 am
Youth (born 1994-1995)	4 km (2.48 miles)	Boys: 8:30 am Girls: 8:30 am
Intermediate (born 1992-1993)	5 km (3.1 miles)	Boys: 8:00 am Girls: 8:00 am
Young (born 1990-1991)	5 km (3.1 miles)	Boys: 8:00 am Girls: 8:00 am

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted with each entry.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be must be affiliated with that club as part of their USATF membership. To enter a team a club must submit the Team Entry/Advancement & Declaration Roster form. Only athletes listed on the team declaration roster form will be eligible to represent the club at the Association, Regional or National championships. At each level of in the Junior Olympic program the club must declare at least 5 athletes but not more than 8 as declared scoring team members (specific instructions are on the Team Entry/Advancement & Declaration Roster form).

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Bib numbers will be distributed to athletes on site.

EVENT RESULTS: During competition, event results will be posted at on site at Harry Myers Park. In addition, event results will be posted at swusatf.org.

AWARDS: USATF Junior Olympic medals will be awarded to the top ten individuals in each age division.

ADVANCEMENTS: Top 25 individuals and top 3 teams in each age group will advance to the USATF Region 12 Junior Olympic Championships to be held on November 22 in Cameron, TX.

All advancement/entry forms for the USATF Region 12 Championships must be completed, paid for, and submitted (cash or money order only) prior to leaving Cameron, TX on November 22nd. The National Championships will be held on Saturday, December 13th in Mechanicsville, Va. The top 20 athletes and 3 teams at the Region 12 Championships will qualify for the National Championships. Information is available at www.usatf.org/events/2008/USATFJuniorOlympicXCChampionships

ENTRY FEES & DEADLINES:

On-Time Registration: Must be received buy mail by November 4, 2008 or on-site.

Individual Entries: **\$6.00** per athlete.

Team Entries: No charge

Day of Event: Closes one hour prior to event.

All athletes participating in UIL cross country must pay Association & Regional Fees to qualify for Regional Championships.

PAYMENTS: Cash, Money Order, or Checks only

Make checks payable & mail to: Southwestern Association PO Box 763594*Dallas, TX 75376*



ADDRESS, DIRECTIONS & PARKING: 801 Each Washington St. Take I-30E to Rockwall, TX. Take the Goliad exit, turn left, go under the highway, stay on Goliad until you get to Washington St. Turn right until you come upon Harry Myers Park. Follow the drive road until you get to the last pavilion. Parking is free.

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