



2009 USATF SOUTHWESTERN ASSOCIATION
TRACK & FIELD CHAMPIONSHIPS
Standridge Stadium
1330 W. Valwood Pkwy
Carrollton, TX 75006



SCHEDULE OF EVENTS

THURSDAY, JUNE 18, 2009

Running Events

9:00 am	3000 m	YG-YB-IG-IB-YW-YM	Finals
12:00 noon	4x100m relay	PG-PB-BG-BB-MG-MB	Prelims
	4x800m relay	MG-MB	Finals
	80m hurdles	MG-MB	Prelims
	100m dash	PG-PB-BG-BB-MG-MB	Prelims
	400m dash	PG-PB-BG-BB-MG-MB	Prelims
	200m	PG-PB-BG-BB-MG-MB	Prelims
	4x400m relay	BG-BB-MG-MB	Prelims

Field Events (Youth, Intermediate, Young)

8:30 am	Discus	YB-IB-YM	Prelims-Finals
	Shot Put	IG-YW	Prelims-Finals
	Long Jump	IG	Prelims-Finals
	Triple Jump	YB-IB	Prelims-Finals
	High Jump	YB-YG	Prelims-Finals
10:00 am	Discus	YG-IG-YW	Prelims-Finals
	Shot Put	IB-YM	Prelims-Finals
	Long Jump	YB	Prelims-Finals
	Triple Jump	YG	Prelims-Finals
	High Jump	IG-IB	
12:00 pm	Shot Put	YG	Prelims-Finals
	Long Jump	IB	Prelims-Finals
	Triple Jump	YM	Prelims-Finals
	High Jump	YW-YM	Prelims-Finals
2:00 pm	Shot Put	YB	Prelims-Finals
	Long Jump	YG	Prelims-Finals
	Triple Jump	IG-YW	Prelims-Finals
4:00 pm	Long Jump	YM-YW	Prelims-Finals

FRIDAY June 19, 2009**Running Events**

9:00 am	3000m run	MG-MB	Finals
	3000 Race walk	YG-YB-IG-IB-YW-YM	Finals
12:00 pm	4x100m relay	YG-YB-IG-IB-YW-YM	Prelims
	4 x 800m	YG-YB-IG-IB-YW-YM	Finals
	100mh	YG-YB-IG-YW	Prelims
	110mh	IB-YM	Prelims
	100m	YG-YB-IG-IB-YW-YM	Prelims
	400m	YG-YB-IG-IB-YW-YM	Prelims
	200mh	YG-YB	Prelims
	400mh	IG-YW-IB-YM	Prelims
	200m	YG-YB-IG-IB-YW-YM	Prelims
	4x400m relays	YG-YB-IG-IB-YW-YM	Prelims

Field Events (PreBantam, Bantam, Midget)

9:00 am	Pole Vault	YG-IG-YW	Prelims-Finals
	Discus	MG/MB	Prelims-Finals
10:00 am	High Jump	BG-MG	Prelims-Finals
	Shot Put	BB-MB	Prelims-Finals
	Long Jump	PG-BG	Prelims-Finals
12:00 noon	High Jump	BB-MB	Prelims-Finals
	Shot Put	BG-MG	Prelims-Finals
	Long Jump	MG	Prelims-Finals
2:00 pm	Long Jump	PB-BB	Prelims-Finals
	Turbo Javelin	BG-BB-MG-MB	Prelims-Finals
4:00 pm	Long Jump	MB	Prelims-Finals

SATURDAY, June 20, 2009

Field Events

8:30 am	Pole Vault	YB-IB-YM	Prelims-Finals
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Morning Session Running Events

8:00 am	4x100m Relay	PG-PB-BG-BB-MG-MB	Finals
	800m **	PG-PB-BG-BB-MG-MB	Finals
	80mh	MG-MB	Finals
	100m	PG-PB-BG-BB-MG-MB	Finals
	400m	PG-PB-BG-BB-MG-MB	Finals
	1500m race walk	BG-BB-MG-MB	Finals
	200m	PG-PB-BG-BB-MG-MB	Finals
	1500m	BG-BB-MG-MB	Finals
	4x400m relay	BG-BB-MG-MB	Finals

Afternoon Session – Running Event

2:00 pm	4x100m relay	YG-YB-IG-IB-YW-YM	Finals
	800m **	YG-YB-IG-IB-YW-YM	Finals
	100mh	YG-YB-IG-YW	Finals
	110mh	IB-YM	Finals
	100m	YG-YB-IG-IB-YW-YM	Finals
	400m	YG-YB-IG-IB-YW-YM	Finals
	200mh	YG-YB	Finals
	400mh	IG-YW-IB-YM	Finals
	200m	YG-YB-IG-IB-YW-YM	Finals
	1500m	YG-YB-IG-IB-YW-YM	Finals
	4x400m relay	YG-YB-IG-IB-YW-YM	Finals

** 800m will be run in heats against time

Javelin, Steeplechase, triathlon, pentathlon, heptathlon, and decathlon events will not be contested at the association level, and will be passed on to the regional provided they are declared on the entry forms at association level. Athletes in these events will not have to appear in person; however, they must enter by sending the forms with payment for both association and regional championships.